

FRESNO UNIFIED SCHOOL DISTRICT EMPLOYEE HEALTH CARE PLAN

TO: PARTICIPANTS OF THE FRESNO UNIFIED SCHOOL DISTRICT EMPLOYEE HEALTH CARE PLAN

FROM: JOINT HEALTH MANAGEMENT BOARD

SUBJECT: EMPLOYEE HEALTH CARE PLAN AMENDMENT 2022-2 | TELEHEALTH VISITS FOR PPO PLAN A AND PLAN B

DATE: JULY 1, 2022

This notice defines important changes to the Fresno Unified School District Employee Health Care Plan EFFECTIVE JUNE 1, 2022. The Joint Health Management Board of the Fresno Unified School District has modified the benefit coverage for **Telehealth Visits for PPO Plan A and PPO Plan B.**

PPO Plan A and PPO Plan B Telehealth Visits

Coverage of Telehealth Visits – Non-Vendor (brick-and-mortar providers)

Amid the coronavirus ("COVID-19") pandemic, the Plan began temporarily covering telehealth visits until the COVID-19 national emergency was declared to be over.

Effective June 1, 2022, the Plan will now cover Non-Vendor Telehealth visits without regard to the national emergency. This means the Plan will continue to provide coverage for all non-vendor telehealth visits as may be available/offered by your brick-and-mortar provider (including mental health and substance use disorder*) services. These non-vendor telehealth services will be covered as an Office Visit, with the plan's usual deductible, copayment, or coinsurance for in-network and out-of-network providers, as applicable.

*All mental health and substance use disorder telehealth services must be obtained through a Halcyon Behavioral network provider.

Coverage of Telehealth Office Visits – Teladoc (Vendor)

Effective June 1, 2022, the Plan will continue to waive the calendar year deductible and office visit copayment for all Teladoc telehealth visits, indefinitely. That means all care obtained from Teladoc for covered services will be free of charge to the member.

Teladoc is the Plan's exclusive vendor providing telehealth services for PPO Plan Options A & B. With Teladoc, covered members can connect with board-certified physicians through the internet or telephone, helping avoid emergency rooms and urgent care centers. Teladoc can also assist with prescription medications and with many non-emergency illnesses. There are three convenient ways to access Teladoc:

- 1. Call 1-800-TELADOC (835-2362)
- 2. Visit www.Teladoc.com
- 3. Download the Teladoc App (Apple App Store or Google Play Store)

Please note, services of any other Telehealth Vendor aside from Teladoc are treated as brick-and-mortar providers and are subject to the Plan's usual deductible, copayment, or coinsurance for in-network and out-of-network providers, as applicable.

Kaiser Permanente (Medical Plan Option C)

Kaiser Permanente participants should visit www.kp.org/mydoctor/videovisits for details on how to use Kaiser's telehealth services.