
FRESNO UNIFIED SCHOOL DISTRICT

TO: PARTICIPANTS OF THE FRESNO UNIFIED SCHOOL DISTRICT EMPLOYEE HEALTH CARE PLAN
FROM: JOINT HEALTH MANAGEMENT BOARD
SUBJECT: EMPLOYEE HEALTH CARE PLAN AMENDMENT 2018-1 | EFFECTIVE JANUARY 1, 2018
BEHAVIOR HEALTH MENTAL HEALTH TREATMENT
DATE: JANUARY 15, 2018

This notice defines changes to the Fresno Unified School District Employee Health Care Plan **EFFECTIVE JANUARY 1, 2018**. The Joint Health Management Board of the Fresno Unified School District has modified the **behavioral health benefit related to mental health treatment**, as described below.

**BEHAVIORAL HEALTH BENEFITS
FOR PLAN OPTIONS ‘A’ AND ‘B’**

Outpatient Treatment

- 60 visits per Calendar Year, per member
- \$10 copay per visit

Inpatient Treatment

- Inpatient, partial and day treatment¹ – 45 days per Calendar Year, per member
- Covered at 100%

All Behavioral Health services must be pre-authorized by Avante Health. You may be responsible for all or a portion of any services provided without pre-authorization unless in an emergency. In an emergency, go to a treatment center, and then as soon as possible (or within 24 hours of admission) call Avante Health for authorization.

Until such time that you are provided with notice to the contrary, the Joint Health Management Board of the Fresno Unified School District elects, on an annual basis, to exempt the Plan from the HIPAA standard which prohibits benefits for mental health and substance use disorders from being subject to more restrictions than apply to medical and surgical benefits covered by the plan. If you have questions regarding your mental health or substance abuse coverage, please contact Avante Health at (800) 498-9055.

¹ Days to be determined based on the following ratios:

- Inpatient treatment – 1 day
- Residential treatment – 66.7% of 1 day (1.5 residential days to 1 Inpatient day)
- Day treatment – 50% of 1 day (2 day treatment days to 1 Inpatient day)