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**FRESNO UNIFIED SCHOOL DISTRICT**

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**TO:** PARTICIPANTS OF THE FRESNO UNIFIED SCHOOL DISTRICT EMPLOYEE HEALTH CARE PLAN  
**FROM:** JOINT HEALTH MANAGEMENT BOARD  
**SUBJECT:** EMPLOYEE HEALTH CARE PLAN AMENDMENT 2018-5 | EFFECTIVE JANUARY 1, 2018  
 CHIROPRACTIC BENEFIT  
**DATE:** JANUARY 15, 2018

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This notice defines changes to the Fresno Unified School District Employee Health Care Plan **EFFECTIVE JANUARY 1, 2018**. The Joint Health Management Board of the Fresno Unified School District has modified the Chiropractic Care Plan Schedule of Benefits for Option A, Option B, and Option C, as described below.

1. Chiropractic benefits are provided through PhysMetrics. All chiropractic claims must be submitted to PhysMetrics for processing.
2. Chiropractic services by non-PhysMetrics providers now have a separate \$100 calendar year deductible. This out-of-network deductible is separate from the current medical deductible.

<b>SUMMARY OF CHIROPRACTIC SERVICES</b>		
<b>Chiropractic services by PhysMetrics Provider (Deductible waived)</b>	\$5 Copayment then 100% of the PhysMetrics contract rate	
<b>Chiropractic services by Non-PhysMetrics Provider</b>	Plan A and Plan C	Plan B
Covered only outside 100 miles of Fresno Referral must be given by a Physician and also Pre-Certified by PhysMetrics.	60% of Usual, Customary and Reasonable Charges after \$100 deductible	50% of Usual, Customary and Reasonable Charges after \$100 deductible
<p><b>Chiropractic Diagnostic X-Ray Benefit</b> is limited to a \$100 per benefit Calendar Year maximum paid at 100% Usual, Customary and Reasonable Charges, or the PhysMetrics contract rate.</p> <p>28 visits maximum per calendar year, 10 visits allowed per month, and 1 visit allowed per day. Note: For chiropractic treatment exceeding 12 visits per calendar year, the chiropractor must submit a “12<sup>th</sup> visit review” and PhysMetrics must pre-certify additional visits for the remainder of the calendar year.</p> <p>Massage therapy is excluded unless pre-certification is received from PhysMetrics.</p> <p>The following protocol will apply for chiropractic treatment for minor children:</p> <p style="padding-left: 20px;">Treatment for dependents 15 years of age and under requires special pre-certification by calling PhysMetrics at (559) 447-3375. All children fifteen (15) years of age and under must have a written precertification for treatment before any claims will be paid. In the case of an Emergency or where authorization was unable to be obtained on the first visit, then <u>ONLY</u> the first visit will be covered.</p>		

“**Chiropractic Care**” means chiropractic treatment from a licensed Chiropractor (D.C.) for a musculoskeletal disorder (bone, muscle, tendon and joint) and for related diagnostic x-rays performed and billed by the chiropractor.

**The Plan covers Chiropractic Care in coordination with PhysMetrics. Please review the benefits under this Chiropractic Care Plan. It is to your advantage to use a PhysMetrics Network Provider to receive the best benefits for you and your dependents. Please contact PhysMetrics at (559) 447-3375; [www.fusdchiro.com](http://www.fusdchiro.com) to locate a provider near you.**