

JHMB Benefit Workshop

November 13, 2019



Fresno Unified School District



Halcyon  
Behavioral



# Halcyon

Behavioral

*Halcyon: denoting an idyllically happy and peaceful period of time*

*Synonyms: quiet, calm, peaceful, tranquil, untroubled*



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# Introductions

# About Halcyon



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- Founded in 2012
- Headquartered in Fresno
- Approximately 100,000 lives throughout California
- Sister company of PhysMetrics
- 22,000+ providers nationwide
- 1,900+ providers in California and growing

# January 1, 2020



- Halcyon Behavioral will be the vendor for all Mental Health and Substance Abuse (MHSA) outpatient and inpatient services for PPO Plan A and Plan B
- **The benefit is NOT changing**
  - **Copayments**
  - **Limitations**
  - **Exclusions**

# MHSA Services

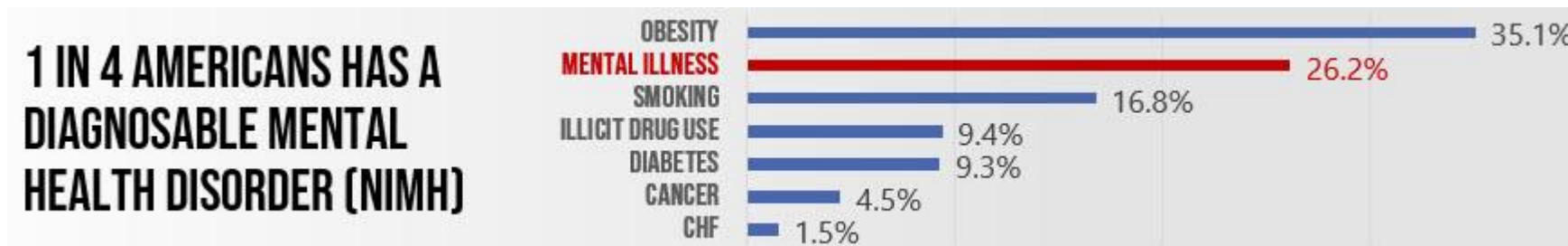


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- Member service
- Network
- Provider nomination/recruitment
- Case management and pre-authorizations
- Claims
- EOBs
- Administer benefit as dictated by Plan

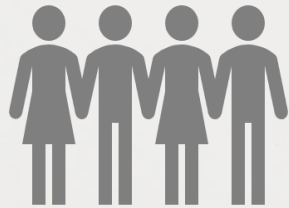
## Access

- 80% of Workers with a Mental Health Condition Report that Shame and Stigma Prevent Them from Seeking Treatment (NAMI)
- The Average Person Waits 8 to 10 Years After the Initial Onset of Mental Health Symptoms Before Seeking Help (NAMI)
- Over 56% of American Adults with a Mental Illness Do Not Receive Treatment (Mental Health America)



# Access

Halcyon provides users with several avenues to connect with their MHSA benefits – all with the goal of ensuring that everyone can access care and resources in a personally-relevant manner.



Psychotherapy  
Substance Abuse Counseling  
Medication Management  
Inpatient Services  
Total Support for Members and Their Families



Integration with Other Programs



Phone



Web



Email



Telebehavioral (Video) Counseling



Other (Onsite, Intranet, etc.)

**Halcyon**

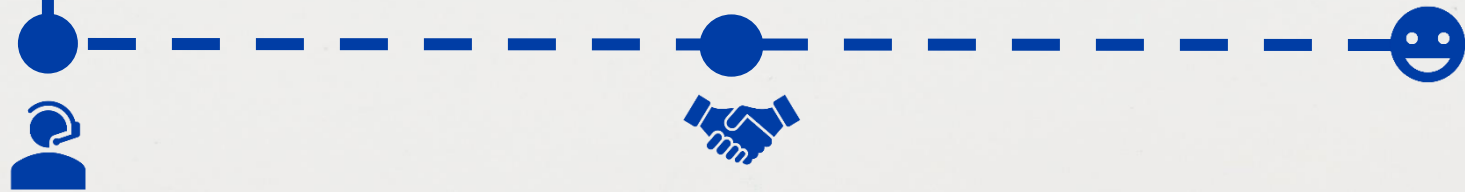


# Support

Contacts  
Halcyon



## Halcyon Member Experience



Clinical Assessment and  
In-the-Moment Support

Halcyon Confirms Availability  
Prior to Making Referral

**Success**

# Clinical Expertise



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- Medical Director – Edgar Castillo, MD
  - Boarded Child/Adolescent Psychiatrist
  - In practice more than 35 years
  - Fresno based
- Chief Clinical Officer/Chief Operating Officer – Amy Villegas, PhD
- Director of Clinical Services – Sandra Carnahan, MA
- Clinical Reviewers
- 24/7/365 Licensed Clinical Support
- Provider Network – Wide variety of specialties and all disciplines

# Mental Health & Substance Abuse Schedule of Benefits Plans A & B



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	Participating	Non-Participating
<b>MENTAL HEALTH - OUTPATIENT</b>		
<b>Visit Limits</b>	60 visits per Calendar Year, per member	Not covered
<b>Copayment</b>	\$10 copay per visit	
<b>MENTAL HEALTH - INPATIENT (FACILITY)</b>		
<b>Visit Limits</b>	45 days per Calendar Year, per member Days determined on the following ratio: Inpatient treatment- 1 day Residential treatment- 66.7% of 1 day (1.5 Residential to 1 Inpatient day) Day treatment- 50% of 1 day (2 Day treatment days to 1 Inpatient day)	Not covered*
<b>Copayment</b>	Covered at 100%	
<b>SUBSTANCE ABUSE – ALL LEVELS OF CARE</b>		
<b>Copayment</b>	Covered at 100%	Not covered

\*Excludes medically appropriate emergency services

All services require pre-authorization.  
For plan limitations and exclusions please refer to the  
Fresno Unified School District Plan Booklet

# Network



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- More than 1,900 providers throughout California
- More than 22,000 providers throughout the United States
- Local network very closely resembles current network

# Network



To see if your provider is contracted, please visit [www.fusdmhsa.com](http://www.fusdmhsa.com):

- Search for your provider
- If your provider is not in-network, download the Transition of Care form and return to Halcyon via
  - Fax: 559-878-2332
  - Web: [fusdmhsa.com](http://fusdmhsa.com)

# Network



- Transition of Care form  
(if you're in treatment and your current provider is not in-network)
- Provider Nomination form  
(if your preferred provider is not in-network)

# What to Expect



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- December 2019
  - JHMB Winter 2019 – 2020 Print Newsletter
  - JHMBHealthConnect.com
  - JHMB email newsletters
  - New ID cards coming from Delta Health Systems

January 1, 2020 call Halcyon Behavioral for services at  
1-888-425-4800

# Web-Based Services



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[Benefits](#)

[Provider Panel](#)

[Contact](#)



Welcome

Fresno Unified School District  
members!



# Web-Based Services



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Benefits

Provider Panel

Contact

## Benefits

To use your benefit, please call Halcyon Behavioral at **888-425-4800**. Your call will be answered by one of our licensed mental health clinicians, who will help you schedule an appointment with a provider who will give you the services that you need. One of our friendly clinicians will be happy to refer you to an appropriate provider and even schedule your first visit.

[SCHEDULE OF BENEFITS](#)



## Provider Panel

### Provider Network

Please select from the options below to find a participating mental health provider near you. It is highly recommended that you call Halcyon Behavioral at **888-425-4800** before choosing a provider. Different providers have different areas of expertise, and many may have challenging schedules. Our staff will help ensure that you are matched with a clinician that has the appropriate expertise, and an opening at time that is agreeable with your schedule.

# Contact Information



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[www.halcyonbehavioral.com](http://www.halcyonbehavioral.com)

[info@halcyonbehavioral.com](mailto:info@halcyonbehavioral.com)

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