
FRESNO UNIFIED SCHOOL DISTRICT

TO: PARTICIPANTS OF THE FRESNO UNIFIED SCHOOL DISTRICT EMPLOYEE HEALTH CARE PLAN

FROM: JOINT HEALTH MANAGEMENT BOARD

SUBJECT: EMPLOYEE HEALTH CARE PLAN AMENDMENT 2020-3 | MENTAL HEALTH TREATMENT EXTENSIONS

DATE: NOVEMBER 1, 2020

This notice defines important changes to the Fresno Unified School District Employee Health Care Plan **EFFECTIVE SEPTEMBER 17, 2020**. The Joint Health Management Board of the Fresno Unified School District has modified the behavioral health benefit related to mental health treatment, as described below.

**BEHAVIORAL HEALTH BENEFITS
FOR PLAN OPTIONS 'A' AND 'B'**

Currently the PPO Plans' mental health benefits are limited to 60 visits per member per calendar year for outpatient care and 45 days per member per calendar year for inpatient care.

Effective September 17, 2020, the behavioral health benefit administrator, currently Halcyon Behavioral, is authorized to extend continued mental health benefits past the calendar year maximums for those covered individuals in situations where clinicians believe it would be medically prudent to do so. Approvals are at the discretion of Halcyon Behavioral clinicians based on set criteria; however, such approvals will be limited to medically necessary situations where the member's life is endangered, their behavior places others in imminent danger, or the member would be otherwise dangerously impacted should treatment stop.

All Behavioral Health services must be pre-authorized by Halcyon Behavioral. You may be responsible for all or a portion of any services incurred without pre-authorization unless in an emergency situation. In an emergency, go to a treatment center, and then as soon as possible (or within 24 hours of admission) you or your provider should call Halcyon Behavioral for authorization.

Until such time that you are provided with notice to the contrary, the Joint Health Management Board of the Fresno Unified School District elects, on an annual basis, to exempt the Plan from the HIPAA standard which prohibits mental health and substance use benefits from being subjected to more restrictions than those that apply to medical and surgical benefits covered by the plan. If you have questions regarding your mental health or substance abuse coverage, please contact Halcyon Behavioral at (888) 425-4800.